



GLOBAL MAJORITY 200-HOUR YOGA KRIPALU TEACHER TRAINING
 August 18–December 10, 2023
 Monique Schubert, Sadia Bruce, and Pilin Anice

AUGUST	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2023			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	20 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	21	22 7:00–8:00 am	23 5:30–6:30 pm 7:00–9:00 pm	24	25 7:00–8:00 am	26
	27	28	29 7:00–8:00 am	30 5:30–6:30 pm 7:00–9:00 pm	31		

Please note Times are subject to change. Times are EST and will be streamed live via Zoom.



GLOBAL MAJORITY 200-HOUR YOGA KRIPALU TEACHER TRAINING
 August 18–December 10, 2023
 Monique Schubert, Sadia Bruce, and Pilin Anice

SEPTEMBER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2023						1 Off for Labor Day Weekend	2 Off for Labor Day Weekend
	3 Off for Labor Day Weekend	4 Off for Labor Day Weekend	5 7:00–8:00 am	6 5:30–6:30 pm 7:00–9:00 pm	7	8 6:30–8:30 pm	9 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	10 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	11	12 7:00–8:00 am	13 5:30–6:30 pm 7:00–9:00 pm	14	15 7:00–8:00 am	16
	17	18	19 7:00–8:00 am	20 5:30–6:30 pm 7:00–9:00 pm	21	22 6:30–8:30 pm	23 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	24 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	25	26 7:00–8:00 am	27 5:30–6:30 pm 7:00–9:00 pm	28 6:30–8:30 pm	29 7:00–8:00 am	30

Please note Times are subject to change. Times are EST and will be streamed live via Zoom.



GLOBAL MAJORITY 200-HOUR YOGA KRIPALU TEACHER TRAINING
 August 18–December 10, 2023
 Monique Schubert, Sadia Bruce, and Pilin Anice

OCTOBER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2023	1	2	3 7:00–8:00 am	4 5:30–6:30 pm 7:00–9:00 pm	5	6 6:30–8:30 pm	7 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	8 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	9	10 7:00–8:00 am	11 5:30–6:30 pm 7:00–9:00 pm	12	13 7:00–8:00 am	14
	15	16	17 7:00–8:00 am	18 5:30–6:30 pm 7:00–9:00 pm	19	20 6:30–8:30 pm	21 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	22 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	23	24 7:00–8:00 am	25 5:30–6:30 pm 7:00–9:00 pm	26 6:30–8:30 pm	27 7:00–8:00 am	28
	29	30	31 7:00–8:00 am				

Please note Times are subject to change. Times are EST and will be streamed live via Zoom.



GLOBAL MAJORITY 200-HOUR YOGA KRIPALU TEACHER TRAINING
 August 18–December 10, 2023
 Monique Schubert, Sadia Bruce, and Pilin Anice

NOVEMBER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2023				1	2	3	4 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	4 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	6	7 7:00–8:00 am	8 5:30–6:30 pm 7:00–9:00 pm	9	10 6:30–8:30 pm 7:00–8:00 am	11
	12	13	14 7:00–8:00 am	15 5:30–6:30 pm 7:00–9:00 pm	16	17 6:30–8:30 pm	18 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	19 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	20	21 7:00–8:00 am	22 Off for Thanksgiving	23 Off for Thanksgiving	24 Off for Thanksgiving	24 Off for Thanksgiving
	26	27	28 7:00–8:00 am	29 5:30–6:30 pm 7:00–9:00 pm	30 6:30–8:30 pm		

Please note Times are subject to change. Times are EST and will be streamed live via Zoom.



GLOBAL MAJORITY 200-HOUR YOGA KRIPALU TEACHER TRAINING
August 18–December 10, 2023
Monique Schubert, Sadia Bruce, and Pilin Anice

DECEMBER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2023						1 7:00–8:00 am	2
	3	4	5 7:00–8:00 am	6 5:30–6:30 pm 7:00–9:00 pm	7	8	9 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm 5:00–6:15 pm
	10 7:00–8:15 am 9:15–12:15 pm 2:00–4:30 pm	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

Please note Times are subject to change. Times are EST and will be streamed live via Zoom.